

Live Activity



21st Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course

Practical IBD Management for the Busy Clinician

Friday, April 17, 2026

Davis Auditorium
Hess Center for Science and Medicine
1470 Madison Avenue
New York, NY

Sponsored by: The Dr. Henry D. Janowitz Division of Gastroenterology
Department of Medicine, Icahn School of Medicine at Mount Sinai

<https://mssm.cloud-cme.com/IBD2026>

Course Directors

Robert P. Hirten MD

Associate Professor of Medicine &
Artificial Intelligence and Human Health
Associate Program Director of the
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New York, NY

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Co-Director, Marie and Barry Lipman
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New York, NY





Mount Sinai Inflammatory Bowel Disease Consultant's Course:

Practical IBD Management for the Busy Clinician

7:00- 7:30 AM Registration and Breakfast
 7:30-7:35 Welcome and Course Overview **Robert P. Hirten, MD**

7:35-8:55 **SESSION I – Building a Modern IBD Toolbox: Practical Medication Selection in 2026** Moderator: Jean-Frédéric Colombel MD

7:35-7:50 Starting Advanced Therapies in 2026: How to Choose the Right First Agent **Bruce E. Sands, MD, MS**
 7:50-8:05 Managing Loss of Response: When to Re-dose, Escalate, or Switch **Elena Maser, MD, BA, FRCP(C)**
 8:05-8:20 Combination and Sequential Therapy: What Works in Clinic **Robert P. Hirten, MD**
 8:20-8:40 Panel: Case Workshop: Selecting First and Second Line Therapy for Crohn's and UC
 8:40-8:55 Q&A

8:55-9:25 **SESSION II – The Lloyd Mayer Lecture** Moderator: Bruce E. Sands, MD

8:55-9:25 Lessons from the Bench to the Bedside: Translating IBD Discovery into Clinical Progress **Scott Snapper, MD**
 9:25-9:45 Coffee Break

9:45-10:45 **SESSION III – Everyday Management Decisions in Private Practice** Moderator: Asher Kornbluth, MD

9:45-10:00 Dysplasia Surveillance in IBD: What Every Gastroenterologist Should Know **James F. Marion, MD**
 10:00-10:15 Managing the Mild IBD Patient **Ryan C. Ungaro MD, MS**
 10:15-10:30 Nutrition in IBD: A Practical Approach **Stephanie Gold, MD**
 10:30-10:45 Q&A

10:45 -11:45 **SESSION IV – Monitoring and Prediction: The Future Is Now** Moderator: Maia Kayal, MD, MS

10:45-11:00 Treat-to-Target in the Community Setting: What's Realistic and What's Not **Thomas Ullman, MD**
 11:00-11:15 Therapeutic Drug and Biomarker Monitoring in Real-World Practice **Adam F. Steinlauf, MD, FACP**
 11:15-11:30 Intestinal Ultrasound in Practice **Zoe Gottlieb, MD**
 11:30-11:45 Q&A
 11:45-12:35 PM Lunch Break

12:35-1:30 **SESSION V – Managing Challenging IBD Cases in Private Practice** Moderator: James F. Marion, MD

12:35-12:50 Managing Perianal Crohn's Disease in the Community Setting **Serre-Yu Wong, MD, PhD**
 12:50-1:05 Approach to Pouchitis and Chronic Pouch Disorders **Maia Kayal, MD, MS**
 1:05-1:20 When to Refer for Surgery **Alexander Greenstein, MD**
 1:20-1:35 Q&A

1:35-2:35 **SESSION VI – Health Maintenance, Pregnancy, and the Whole Patient** Moderator: Ayanna Lewis, MD

1:35-1:50 Vaccinations and Preventive Care in IBD **Bhavana Bhagya Rao, MD**
 1:50-2:05 Fertility, Pregnancy, and Breastfeeding: What to Tell Patients **Zoe Gottlieb, MD**
 2:05-2:20 What the Data Tell Us: Cancer Risk in IBD in the Era of Biologics and Small Molecules **Steven H. Itzkowitz, MD, FACP, FACG, AGAF**
 2:20-2:35 Q&A
 2:35-2:45 Coffee Break

2:45-3:50 **SESSION VII – Complicated Patients, Simplified Management** Moderator: Peter H. Rubin, MD

2:45-3:00 Navigating the Gray Zone: When its IBS, not IBD activity? **Taryn Lores, PhD**
 3:00-3:15 A glimpse into the future: Engineering immune cell therapies for IBD **Saurabh Mehandru, MD**
 3:15-3:30 Acute Severe UC in 2026: What's New, What Still Works, and What to Avoid **Asher Kornbluth, MD**
 3:30-3:50 From the Clinic to the Course: Audience Cases in Real Time **Moderated by Abhik Bhattacharya MD**

3:50-3:55 Closing Remarks **Robert P. Hirten, MD**



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Guest Faculty

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Wolpov Family Chair and Director
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Physician, Crohn's and Colitis Center, Division of Gastroenterology
Brigham and Women's Hospital, MGB
Egan Family Foundation Professor of Pediatrics in the Field of Transitional Medicine & Professor of Medicine
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Faculty Disclosure Policy:

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all accredited CE educational activities. All individuals in control of content of an activity accredited by ISMMS are expected to disclose all their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships are mitigated and disclosed to learners before the activity takes place. All relevant financial relationships have been mitigated.



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Program Goals

The 21st Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course will provide an in-depth review of strategies for participants to better diagnose, classify and achieve remission in patients with Inflammatory Bowel Diseases. State-of-the-art lectures will be given by expert faculty on optimizing therapies, innovative treatment, and epidemiology of IBD. This onsite activity and live webinar will include panel discussions, discuss the positioning of new medications, and provide an opportunity for attendees to present their own questions and challenging clinical scenarios. The goal is to meet the needs of our IBD patients by addressing sub-optimal disease control, preventable disease complications, and the potential negative consequences of therapy, such as serious infections and cancer.

Program Objectives

At the conclusion of the conference, the participants will be able to:

1. Discuss how to apply practical, evidence-based strategies to select, sequence, and optimize therapies for Crohn's disease and ulcerative colitis.
2. Integrate monitoring tools—including biomarkers, therapeutic drug monitoring, and imaging—into feasible treat-to-target approaches.
3. Manage complex and high-risk IBD scenarios, including refractory disease, dysplasia and cancer risk, pregnancy, and acute severe ulcerative colitis.

Who Should Attend

Gastroenterologists, Colorectal Surgeons, Primary Care

Who Should Attend

Gastroenterologists, Colorectal Surgeons, Primary Care Physicians, PAs and other healthcare professionals caring for patients with IBD or colorectal cancer.

Accreditation Statement

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Course Location

Davis Auditorium
Hess Center for Science and Medicine
1470 Madison Avenue, 2nd Floor, New York, NY 10029

Parking & Directions

Parking is available on East 99th Street between Madison and Park Avenue. Directions: www.icahn.mssm.edu/about/visiting

Registration Fees

Registration is complimentary and must be completed online

Online Registration

<https://mssm.cloud-cme.com/IBD2026>

Hotel Accommodations

Please contact Denise Newman at (718) 835-4911 or email dnew229@aol.com.

Special Needs

Icahn School of Medicine is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend and require any special accommodations, please contact The Page and William Black Post-Graduate School at (212) 731-7950.

For additional conference information, please call the **Office of CME: (212) 731-7950** or email: cme@mssm.edu.

REGISTRATION

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Register Online

<https://mssm.cloud-cme.com/IBD2026>

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit www.icahn.mssm.edu/cme/courses to register and pay by credit card: Visa, MC, AMEX.

Cancellation policy

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by April 3, 2026. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.